



# ***Insight Counselling and Training Inc.***

## ***Internship Program***

**With Henri McKinnon**

*The Internship Program is a one-year initiation into the joy and radiance of connecting to self, others, and Spirit. Included in the Internship Program are 32 inspirational focus CD's created by Henri McKinnon, and a year of Insight Counselling and Training's co-creative and inspirational healing workshops, led by Henri. In addition, interns work with Henri personally in private sessions every two weeks for the year of their internship. These private sessions are individually tailored to an intern's development, and they are dynamic, heartfelt opportunities of growth and expansion, resulting in increased understanding, acceptance, and developing of one's true gifts.*

*The Internship Program is an exciting and transformational journey of increased awareness, self-development, connection with Spirit, self, and others. The depth and consistency of working with Henri for the sustained period of the year allows interns to grow and experience their connection to life in ever-expanding sacred and other deeply meaningful ways. As well, this journey offers the gift of supportive relationships with others who are doing this work and who co-create and share in the depth of support and community which are a hallmark of Henri's workshops.*

*The depth of work undertaken in Henri's programs is particularly useful for those who work in or intend to develop skills in the fields of personal counselling or healing. Teachers, counsellors, psychologists, and body workers have all found the training useful and their personal development significantly enhanced.*

### ***Program Focus CD's***

- 1. The Feminine***
- 2. The Masculine***
- 3. Intro to the Subconscious***
- 4. Family Guilt***
- 5. Victim Trap***
- 6. Family Roles***
- 7. Competition***
- 8. Chronic Family Problems***
- 9. Boundaries and Containment***
- 10. The Great Wars***
- 11. Self-Acceptance***
- 12. Patterns of Avoidance of Intimacy***
- 13. Death & Rebirth***
- 14. Specialness***
- 15. Taboos & Obsessions***
- 16. Points of No Return***
- 17. Discipline***
- 18. Forms of Self Attack***
- 19. Intro to the Unconscious Mind***
- 20. Dark Archetypes***
- 21. Dark Stories & Shadow Figures***
- 22. Personalities***
- 23. Integrity in Leadership***
- 24. Shamanic Mind***
- 25. Unconscious Emotions***
- 26. Unmasking Our Idols***
- 27. Healing Valuelessness***
- 28. Forms of Meditation***
- 29. Becoming One with Everything***
- 30. The Path of Enlightenment***
- 31. The Journey Beyond the Path***
- 32. Finding Happiness***

## *Workshop Themes*

### *Spring 2013*

- *Radical Forgiveness – February Weekend Workshops in Calgary and Edmonton*
- *The Healing Power of Loving Relationships – March Weekend Workshops in Calgary and Edmonton*
- *Opening to Peace & Abundance – April 7-Day Workshop in Radium Hot Springs, BC co-led by Henri McKinnon and Val Forshaw.*
- *True Service and Partnership – May Weekend Workshops in Calgary and Edmonton*

### *Summer 2013*

- *Communication Skills for Leaders – June 5-Day Workshop in Radium Hot Springs, BC*
- *Tarot Training – July 3-Day Workshop in Radium Hot Springs, BC*
- *Connecting with Guides; Healing Past Lives – Psychic Training – August 5-Day Workshop in Radium Hot Springs, BC*

### *Fall 2013*

- *Healing the Heart of the Family - September Weekend Workshops in Calgary and Edmonton*
- *The Restoration of Peace - October 7-Day Workshop in Radium Hot Springs, BC co-led by Henri McKinnon and Val Forshaw*
- *Healing Addictions - November Weekend Workshops in Calgary and Edmonton*
- *Finding Life Purpose - December Weekend Workshops in Calgary and Edmonton*

*The cost for the Internship Program is \$7,500 plus tax, and covers all workshops, materials and private counselling sessions with Henri. Interns attend all of Henri's publically scheduled workshops as participants.*

*Payment options are limited to full payment upon commencement of the program, or three payments spread over the duration of the Intern Program. Visa, MasterCard and cheques are accepted for payment. Continued participation in the Internship requires prompt payment of fees. Internships begin at mutually chosen dates. If the program is interrupted by illness or holidays, those days missed will be added at the end of the internship.*

*Interns are responsible for their own travel, accommodation and food. Henri limits the number of interns to a maximum of six per year.*

*For further information and registration, contact:*

## **Insight Counselling & Training Inc.**

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